

GROUP LEADER...

- ➡ Disclose relevant medical conditions
- ➡ Fulfil responsibilities in SAP below
- ➡ Assist with belaying and harnesses
- ➡ Responsible for overall group management
- ➡ Assist instructor if they happen to become incapacitated

PARTICIPANTS...

- ➡ Comfortable (but not loose) clothing
- ➡ Long hair tied back
- ➡ Correct footwear for belaying (shoes)

INSTRUCTOR...

- ➡ Pass internal training and assessment program or hold externally recognised rock climbing qualification
- ➡ Current first aid certificate

RESTRICTIONS

- Harness must fit, 5+ years
- Under 90Kg
- Not suitable for pregnant woman

RATIOS (not including instructor)

2 adult : 12 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/serious injury (fall from height)	<ul style="list-style-type: none"> - Inadequate instruction - Failure to follow instruction re: procedures and boundaries - Equipment/anchor failure - Poorly fitted harness/Helmet/incorrect attachments - Poor hauling technique - Extreme environmental event (Flooding, Earthquakes, Lightning & High Winds) 	<ul style="list-style-type: none"> - Instructors are suitably qualified - Clear instructions are given - Listen attentively and follow instructions - Regular inspections - Instructor to check harness and helmet fitting, as well as attachments - Instruct proper hauling technique, supervise and correct poor technique - Move to the emergency evacuation area 	<p>TSCC TS instructor</p> <p>TS instructor</p> <p>Participants + Group leaders</p> <p>TS instructor</p> <p>TS instructor</p>	<p>Before Beginning</p> <p>Prior to setup + Monthly inspection</p> <p>Beginning & During</p> <p>Beginning & During</p> <p>In the event</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> - Instructor to coordinate first aid - Activity stops - Instructor to radio to main office to arrange for ambulance or extra assistance - Assess if activity can continue - Group leader to ensure other group members are cared for
Impact injury (falling against wall, falling objects)	<ul style="list-style-type: none"> - Being dropped or lowered too fast - Inattentive belaying - Huskies/Haulers not running in the same direction - Failure to apply instructions given re: running arc, cease hauling - Kiwi dropping something 	<ul style="list-style-type: none"> - Maintain rope tension throughout descent - Pay attention throughout flight - Instructed huskies on where to run and stop - Both flyer and haulers listen attentively and follow instructions - Instructors to wear helmets - Only the instructor to be in flight area 	<p>Participants + TS instructor</p> <p>Participants + Group leaders</p> <p>TS instructor</p>	<p>During</p> <p>During</p> <p>During</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> - Group leader to administer first aid
Suspension Trauma	<ul style="list-style-type: none"> - Prolonged hanging in a harness 	<ul style="list-style-type: none"> - Once at the top of the flight, bring the 'kiwi' down without delay 	<p>TS instructor+ Group leaders</p>	<p>During</p>	
Bumps, Bruises, Scrapes, Strains, Sprains	<ul style="list-style-type: none"> - Running in improper footwear - Tripping over others 	<ul style="list-style-type: none"> - haulers to wear covered footwear - stop if someone falls over 	<p>TS instructor+ Group leaders</p>	<p>During</p>	
Equipment damage	<ul style="list-style-type: none"> - Exceeding weight limit - Incorrect lowering technique 	<ul style="list-style-type: none"> - Kiwi must be less than 90kg - Ensure hauling stops before stopper knot contacts pulley 	<p>TS instructor+ Group leaders</p>	<p>During</p>	
Psychological harm	<ul style="list-style-type: none"> - Fear of heights, being bullied or forced to participate 	<ul style="list-style-type: none"> - Challenge by choice - Group encouragement 	<p>TS instructor Participants + Group leaders</p>	<p>During</p>	

Please note: the instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained.